AV Intergroup



The Scoop

Perseverance

It's been said by many that steps 1-9 are to clean up the past, and the remainder for the present and future, which is why perseverance is the principle most often associated with Step 10. To most perseverance means steadfastness in doing something ,despite difficulty or delay in achieving success, in other words, we must stay the course and continue on developing and honing the tools we've acquired in earlier steps.

Step 10

"Continued to take personal inventory and when we were wrong promptly admitted it."

A.A. Big Book p.84: "This thought brings us to Step Ten, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code." If AA members wore uniforms, ours badges might read, "Love and Tolerance," as these are indispensable, to growing in "understanding and effectiveness." "At what?" you may ask.

Why, at being "of being of maximum service to God and the people about us." It all starts with how we implement this step in our daily lives.

AV Intergroup of AA
43619 N. 17th Street West, Suite 106
Lancaster, CA 93534
661-945-5757
17th Street West / Avenue K

Central Office Web Site: www.avcentraloffice.org Central Office Email: avcentraloffice@gmail.com

Email Scoop submissions: recoveredmojo@yahoo.com



Stop by Central Office during your birthday month and enter to win a book of your choice!

Inside this issue

Perseverance, Step 10 1

More Step 10, Concept 2

Member submission,

10 Tradition

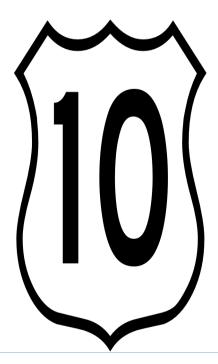
Story cont'd, Perseverance, Humor

Word Search/Quotes 5

Manager's Report

Calendar of Events

 Monster Bash at The Grange ~ Oct 28 @ 6pm



Step 10: Daily Accountability

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find "filler"

articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you're finished writing your newsletter, convert it to a Web site and post it.

"Continued to take personal inventory and when we were wrong promptly admitted it."

Self-Supporting ...

LADIES If you are looking for a new women's only meeting, and are free on Wednesday, then check out the Women In Recovery book study at 7 pm, located at 1102 W H-5/10th St West

THE TENTH CONCEPT OF SERVICE

In considering this concept I should ask myself:

Has my old alcoholic thinking changed concerning how I view those in authority over me? Do I resent it and want to change "them", or do I accept their authority as God given and want to help them with their responsibilities?

Has God given me authority in any areas in A.A., home life, or work that I am avoiding because of the responsibilities involved?

Is the theme of my inventories how I am doing as I see my-self or does it include a vision of how God might see me exercising the responsibilities for the authority he has given me? What authority has God given me in A.A., home and work? Am I responsible for my authority as a sponsor, secretary, or speaker and as a parent, son, and mate? Am I responsible for the authority of the work, artistic, and sports talents God has given me? Which ones am I shirking that I



Reality Check by Francis

How do you stop the world from turning into a monster? You don't. The monsters are within the human beings that live amongst us. In the grocery store, at the park, even in your own head. Have you ever thought how good or bad of a person you are? I'm sure you have. I have. I'd like to think I'm always a nice person and everyone should just love me because I've been through so much. Reality check. It's almost two years ago when I decided to allow others and a higher power to help me get through whatever I was going through at the time. To help me see that the world doesn't revolve around me, my world doesn't revolve around me. I always said I was happy and had no grudges. Reality check, that was a lie. No I did not take a lie detector test, I took a life cleansing test. I guess you can say I passed because I'm still here. I poured my heart and soul into a program that was designed to change not only my life but my thoughts. A program that has changed me in every possible way. So here I am almost two years later and again I ask myself, am I a monster? The answer is no. Now, that doesn't mean I can't be the monster. That just means I can see the monster within and I choose not to give it power. I'd also like to say that I'm perfect and I know how to handle everything. Reality check, I can't. I don't know how to handle the fact that I want commitment with people who are not ready and have never been ready. I don't know how to handle the fact that I don't know what the future has in store for me. Therefore I live one day at a time because if I think too far ahead I might get convicted with murder. Murder of these things called dreams which for a long time I killed. Today most of those dreams are dead and half of them still live within my mind and heart. My head is a like a bad neighborhood, I never go there alone. That's not an original thought; I just thought I should restate it because it touches a soft spot in my life. My head is out to get me. Our heads are out to get all of us, but it's up to us to make a decision on whether or not we should let it go through with its plan. Now, back to the opening question, how do you stop the world from turning into a monster? Again, you don't. The monster is within. Are you going to release its wrath? Or are willing to continue to fight with God and AA? Keep it simple stupid, just for today.

THE TENTH TRAD-TION

By not expressing opinions on "outside issues," 12 step groups hope to avoid controversy, both publically and within the fellowship itself. This policy also helps members keep the focus on their common purpose.

In order to check for quality control in relation to this step, here are three questions to ask oneself:

- 1.Do I find myself taking the inventory of others when I do not take my own in a regular nightly tenth step?
- 2. Does practicing the tenth tradition mean that I do not get involved in outside issues?
- 3. How can I be involved in the issues of our day in a non-controversial manner?



Persevere!

A young pastor was sitting in a restaurant eating lunch. He opened a letter he'd just received that morning from his mom. As he opened it a twenty-dollar bill fell out. He thought to himself, Thanks, Mom, I sure needed that right now. As he finished his meal, he noticed a beggar outside on the sidewalk leaning against the light post. Thinking that the poor man could probably use the twenty dollars more than he, he crossed out the names on the envelope and wrote across the top in large letters, PERSEVERE! So as not to make a scene, he put the envelope under his arm and dropped it as he walked past the man. The man picked it up and read the message and smiled. The next day, as the pastor enjoyed his meal, the same man tapped him on the shoulder and handed him a big wad of bills. Surprised, the young pastor asked him what that was for.

The man replied, "This is your half of the winnings. Persevere came in first in the fourth race at the track yesterday and paid thirty to one."

NOT a Glum Lot

Country Preacher...

A country preacher decided to skip services one Sunday and head to the hills to do some bear hunting. As he rounded the corner on a perilous twist in the trail, he and a bear collided, sending him and his rifle tumbling down the mountainside. Before he knew it, his rifle went one way and he went the other, landing on a rock and breaking both legs. That was the good news.

The bad news was the ferocious bear was charging at him from a distance, and he couldn't move.
"Oh, Lord," the preacher prayed,
"I'm so sorry for skipping services today to come out here and hunt.
Please forgive me and grant me just one wish: Please make a

Christian out of that bear that's coming at me. Please, Lord!" That very instant the bear skidded to a halt,

fell to its knees, clasped its paws together and began to pray aloud right at the preacher's feet: "Dear God, bless this food I am about to receive . . .



Reality Check, cont'd.

How do you stop the world from turning into a monster? You don't. The monsters are within the human beings that live amongst us. In the grocery store, at the park, even in your own head. Have you ever thought how good or bad of a person you are? I'm sure you have. I have. I'd like to think I'm always a nice person and everyone should just love me because I've been through so much. Reality check. It's almost two years ago when I decided to allow others and a higher power to help me get through whatever I was going through at the time. To help me see that the world doesn't revolve around me, my world doesn't revolve around me. I always said I was happy and had no grudges. Reality check, that was a lie. No I did not take a lie detector test, I took a life cleansing test. I guess you can say I passed because I'm still here. I poured my heart and soul into a program that was designed to change not only my life but my thoughts. A program that has changed me in every possible way. So here I am almost two years later and again I ask myself, am I a monster? The answer is no. Now, that doesn't mean I can't be the monster. That just means I can see the monster within and I choose not to give it power. I'd also like to say that I'm perfect and I know how to handle everything. Reality check, I can't. I don't know how to handle the fact that I want commitment with people who are not ready and have never been ready. I don't know how to handle the fact that I don't know what the future has in store for me. Therefore I live one day at a time because if I think too far ahead I might get convicted with murder. Murder of these things called dreams which for a long time I killed. Today most of those dreams are dead and half of them still live within my mind and heart. My head is a like a bad neighborhood, I never go there alone. That's not an original thought; I just thought I should restate it because

Quotable Quotes

Great works are performed not by strength but by perseverance. Samuel Johnson

Permanence, perseverance and persistence in spite of all obstacles, discouragements, and impossibilities: It is this, that in all things distinguishes the strong soul from the weak. Thomas Carlyle

You have power over your mind - not outside events. Realize this, and you will find strength. **Marcus Aurelius**

Strength and growth come only through continuous effort and struggle. Napoleon Hill

Strength does not come from physical capacity. It comes from an indomitable will. Mahatma Gandhi

Keep your face always toward the sunshine - and shadows will fall behind you. Walt Whitman

Success is not final, failure is not fatal: it is the courage to continue that counts. Winston Church-

Life isn't about finding yourself. Life is about creating yourself. George Bernard Shaw

"To catch the reader's attention, place an interesting sentence or quote from the story here."

Perseverance

D	Ε	Т	Ε	R	М	ı	N	Α	Т	ı	0	Ν	S	Χ	BACKBONE
N	S	В	Υ	0	С	Κ	S	Р	С	S	Q	S	R	Р	CONSTANC CONTINUA
0	1	Т	Χ	Т	С	0	U	Т	S	0	Ε	K	Ε	Z	COOL
1	Ε	ı	Ε	U	1	R	Ν	Ε	Α	Ν	0	R	U	ı	DEDICATION DETERMIN
Т	Ε	С	L	Α	S	С	Ν	S	L	М	S	L	Ε	М	DOGGEDN DRIVE
Α	Υ	Р	Ν	U	D	D	Α	U	Т	ı	ı	Ν	Т	М	ENDURAN:
С	D	Т	Α	Α	Ε	F	F	Ν	S	Α	0	Ν	G	0	GRIT GUTS
1	Ε	N	ı	G	R	Ε	Α	Т	ı	В	Ν	U	Α	٧	IMMOVAB
D	С	٧	G	С	S	U	Ε	S	Κ	Т	Т	С	Χ	Α	MOXIE PERSISTEN
Ε	٧	0	ı	0	Α	Ν	D	С	Т	S	R	G	Υ	В	PERTINACI
D	D	W	Р	R	С	Ν	Α	Ν	D	Ν	С	Ε	D	1	PLUCK PROLONGI
0	K	R	М	Ε	D	В	Ε	S	Ε	Υ	Ε	С	Р	L	PURPOSEF
D	U	R	Ε	S	0	L	U	Т	I	0	Ν	S	0	I	PURSUANO RESOLUTIO
Р	Ε	С	Ν	Α	U	Ν	I	Т	Ν	0	С	Н	S	Т	STAMINA
G	N	I	G	Ν	0	L	0	R	Р	G	R	ı	Т	Υ	STEADFAS [*] TENACITY

KBONE ISTANCY NTINUANCE **ICATION** ERMINATION GGEDNESS URANCE **MOVABILITY** SISTENCE TINACITY CK LONGING RPOSEFULNESS SUANCE OLUTION MINA **ADFASTNESS**

October 2017 Office Manager Report Jan - Aug '17 Sep '17 YTD Total Sales of Goods \$31,143.50 \$4,806.98 \$35,950.48 Expenses (\$24,520.56) (\$4,124.27) (\$28,644.83 Cost of Goods (\$23,654.89) (\$2,694.07)(\$26,348.96 Contributions \$14,717.22 \$1,780.46 \$16,497.68 **Net Income** (\$2,314.73) (\$230.90) (\$2,545.63) 10/8/2015 10/2/2014 Terry K Rick M 10/28/2003 10/1/2002 Contributions Denise M. Shavlin M. Jan - Aug '17 \$121.29 Group A Gathering of Women Sep '17 10/18/2002 2017 Total \$121.29 Adrienne R 10/16/2012 Spike H 10/11/2012 10/19/2012 10/29/2001 10/22/2001 Julie W 16 Alano Club \$0.00 \$0.00 Scott E Sean C 16 10/12/2001 10/10/2000 10/22/2000 10/17/2000 10/22/2000 AM Mod \$3,053.78 \$139.35 \$3,193.13 10/29/2011 Colleen J Debbie I \$880.92 \$1,131.22 10/28/2011 Anonymous \$250.30 Gary G. Ken C Any Lengths Group \$55.00 \$55.00 Mitchell C 10/15/2011 Mary D. 10/13/2010 10/13/2010 10/1/2010 10/15/2010 10/23/2010 Arbor Court AV Hospital - Rm #CR101 \$99.00 \$30.00 \$129.00 Christina Mimi G \$0.00 \$0.00 David Y 10/20/1997 Raymond F \$1,072.88 \$0.00 \$122.00 10/15/1996 10/17/1996 AV Men's Stag \$950.88 John M Carmen I AV Round-Up \$0.00 Michael H Jim C AVYPBYOC \$90.00 10/30/2010 \$90.00 Sue B 10/16/1996 Omar Birthday Cal City Clubhouse Crown Valley Grp Gathering of Women \$210.00 \$23.00 \$233.00 Robert R 10/17/2010 Terry C 10/4/1996 10/5/2009 10/21/2009 10/28/2009 10/22/1995 10/7/1994 \$818.19 \$818.19 Ginni F.D Craig M. Andra M \$450.00 \$450.00 Fran \$50.00 10/28/1994 10/12/1993 10/22/1993 \$50.00 Jennifer H Tori B. 10/11/2009 10/23/2009 \$19.55 \$19.55 H & I Jenny R Jon B High Desert BB Grp \$1,406.63 \$500.00 \$1,906.63 Robin W Marty (High Desert Hospital 10/3/2009 10/1/1993 \$0.00 Shannon D Michele I Intergroup Fundraisers ,009.00 \$1,009.00 10/11/2009 10/1/1992 Nancy B Dave S 10/1/2009 10/19/2008 10/25/1991 10/17/1991 10/15/1991 \$363.00 \$487.00 Into Action \$303.00 \$60.00 Samantha M. Gary W Lake Hughes Men's Stag Lake Hughes Monday Night \$427.00 \$60.00 Judy Y James K \$0.00 10/14/2008 \$0.00 Jerry B. Linda P <u> 26</u> Little Red Book \$0.00 \$0.00 10/3/1990 10/7/2008 Bob H loe A. Mid-Day Mod \$1,397.33 \$349.81 \$1,747.14 10/31/2008 10/10/1990 Nancy A Chuck 10/3/2008 10/7/2008 New Beginnings \$15.00 \$15.00 10/16/1990 Ryan A David L Open Door \$0.00 \$0.00 9 10/6/1990 Sean B Ken (10/20/2008 10/11/2008 10/11/2007 10/3/1990 10/2/1988 10/23/1988 Palmdale Grp \$884.32 \$884.32 /irginia I Stan U Pearblossom Grp \$878.65 \$878.65 Will F Craig C PM Mod \$0.00 \$0.00 10 Pat J. Bryan Quartz Hill Unity Grp \$388.00 \$185.00 10/19/198 \$573.00 Felipe R 10/6/200 10 Kevın S Rainbow Grp Randy P 10/31/1987 \$0.00 Gary S 10/23/200 10/2/200 10/1/1987 10/23/1986 10/15/1986 Rosamond Sun Night \$0.00 \$0.00 10 ason F Stacy W Rule 62 Grp Sat AM Men's Stag \$235.00 \$235.00 Johnny B 10 Jim B \$0.00 \$17.00 \$25.00 \$25.00 10/26/200 10/15/200 \$0.00 Michelle. 10 Roger W 10/13/1980 10/14/1985 10/29/1983 SCV Sun Night Spkr Mike M Mike W David P \$17.00 10/15/2007 10/14/2007 10/17/2007 10/25/2007 10/13/2005 10/25/2005 10/21/2005 10/24/2004 10/24/2004 10/21/2003 10 Spiritual Sunday - Alano \$25.00 Eileen V Betty W 10/6/1983 10/25/1983 Sun Night BBS \$25.00 Soncherray We Care Grp \$50.00 \$50.00 Bob B steve F. 10/16/1983 10/6/1983 10/12/1983 10/10/1980 10/23/1980 Wed Night BBS @ Grange \$50.00 Brent F \$370.00 \$420.00 Barbara \$40.00 \$0.00 Westside Grp Gary W \$40.00 Mike I Women in Progress \$0.00 Stacy S Stephanie S heryl B Women in Recovery \$32.68 Dan G Women Seeking Serenity \$11.00 \$415.00 \$426.00 Tim D. Morgan . Brian W. 10/18/1978 Danny M Willy B. 10/9/1978 Francis F 10/2/2003 10/30/2003 10/5/2003 10/4/1976 10/3/1975 John E Debbie R 41 Peggy D Bill P. <u>Johnny F</u> 10/6/1974 Kathv B Michele S 10/10/2003 Ed Reel Get your groups birthday list to Central Office . . . That's how they appear here! TOTALS \$14.717.22 | \$1.780.46 | \$16.497.68 Total Years = 1.930

Managers Corner

Your Intergroup office is striving towards fulfilling our Primary Purpose of helping the suffering alcoholic. We are not able to do this without your generous contributions. Collectively we say, "I Am Responsible"! We are asking all groups to encourage members to step up to the 7th Tradition Challenge . . . if you don't know what this is contact the office and get a flyer.

Thanks to all!!

Thank You Saturday Volunteers!!	Don't forget to visit us on the Web!
1st ~ Larry W. & Cathy O.	
2nd ~ Wendy W. & Alonna T.	
3rd ~ Stephanie S. & JoAnn G.	
4th ~ Judie M. & Christine B.	
5th ~ Christine F. & Wendy W.	LEJ 142 - 163